

Report on NSS Activities

Organised by
Institute of Vocational Studies (IVS), New Delhi

The National Service Scheme (NSS) at the Institute of Vocational Studies (IVS), Sheikh Sarai, New Delhi, undertook a series of activities during the academic year 2025–2026 to promote social responsibility, community participation, environmental awareness, health and safety, national integration, and the holistic development of students.

Through cleanliness campaigns, awareness programmes, self-defence training, workshops, cultural activities, and community outreach initiatives, NSS volunteers were encouraged to develop leadership qualities, teamwork, civic consciousness, and a spirit of voluntary service. The activities aimed to connect classroom learning with real-life social concerns and inspire students to become responsible citizens.

The objectives of NSS activities are:

1. To develop a sense of social responsibility and community service among students.
2. To promote cleanliness, environmental conservation, and sustainable practices.
3. To create awareness about personal safety, first aid, cybercrime prevention, and noise pollution.
4. To encourage compassion, empathy, and service towards disadvantaged sections of society.
5. To foster national integration, unity, discipline, and cultural understanding.
6. To develop leadership, teamwork, communication, and organisational skills among NSS volunteers.

Details of NSS Activities

1. Swachhata Abhiyan at Satpula Lake

Date: 1 August 2025

The NSS unit of IVS organised a Swachhata Abhiyan at Satpula Lake to promote cleanliness and environmental responsibility. The initiative aimed to sensitise students towards maintaining clean public spaces and protecting natural surroundings. Volunteers were encouraged to understand the importance of proper waste disposal, community participation, and individual responsibility in keeping public places clean.

The activity reinforced the message that cleanliness is a shared responsibility and that small individual efforts can contribute to a healthier environment.

2. Poster Pasting Activity under Swachh Bharat Abhiyaan

Date: 11 August 2025

An awareness activity involving poster pasting was organised under the Swachh Bharat Abhiyaan. The activity aimed to communicate messages related to cleanliness, hygiene, and civic responsibility to the wider community.

NSS volunteers participated in spreading awareness through visual communication, highlighting the importance of maintaining clean surroundings and adopting hygienic practices in everyday life.

3. Campus Cleanliness Drive under Swachh Bharat Abhiyaan

Date: 21 August 2025

The NSS unit conducted a campus cleanliness drive to encourage students to maintain a clean, hygienic, and healthy educational environment. Volunteers participated in promoting cleanliness within the campus and creating awareness about responsible waste management.

The drive helped reinforce the values of discipline, cooperation, and collective responsibility among students. It also highlighted the importance of keeping educational institutions clean and environmentally friendly.

4. Ten-Day Self-Defence Training for Girls

Date: 1–12 September 2025

A self-defence training programme for girls was organised to promote women's safety, confidence, and empowerment. The programme aimed to familiarise participants with basic self-defence techniques and encourage them to remain alert and confident in challenging situations.

The initiative highlighted the importance of personal safety, physical preparedness, self-confidence, and awareness of one's surroundings. It also reinforced the role of educational institutions in creating a safe and supportive environment for women.

5. NSS Day Celebration

Date: 26 September 2025

The NSS unit of IVS celebrated NSS Day to recognise the spirit of voluntary service and community engagement. The celebration highlighted the guiding philosophy of NSS, “Not Me, But You,” which emphasises selfless service, mutual respect, and concern for others.

The occasion provided an opportunity to reflect on the contribution of NSS volunteers to society and to encourage students to participate actively in community welfare activities. It reinforced the values of leadership, cooperation, social responsibility, and national development.

6. First Aid Workshop

Date: 4 December 2025

An NSS First Aid Workshop was organised to create awareness about the importance of immediate assistance during accidents, injuries, and medical emergencies. The workshop aimed to familiarise students with the basic principles of first aid and the need for timely and appropriate action before professional medical help arrives.

The activity emphasised emergency preparedness, responsible behaviour, and the importance of knowing when to seek assistance from trained medical personnel. It encouraged students to develop a safety-conscious attitude in their daily lives.

7. Nukkad Natak on Energy Conservation

Date: 15 December 2025

The NSS unit organised a Nukkad Natak on energy conservation to spread awareness about the responsible use of energy resources. Through street theatre, volunteers communicated the importance of avoiding energy wastage and adopting sustainable practices.

The performance highlighted simple actions such as switching off unnecessary lights and electrical appliances, using energy-efficient devices, and conserving electricity at home and in educational institutions.

The activity demonstrated the effectiveness of creative and participatory methods in communicating environmental messages and encouraging behavioural change.

8. Food Donation Drive

Date: 24 December 2025

A food donation drive was organised to promote compassion, generosity, and concern for people in need. The initiative aimed to sensitise students to the challenges faced by economically disadvantaged individuals and the importance of sharing available resources.

The drive reflected the NSS commitment to community service and social welfare. It encouraged volunteers to appreciate the dignity of every individual and understand how acts of kindness and collective participation can contribute to a more caring society.

9. Awareness Session on Noise Pollution

Date: 31 December 2025

An awareness session on noise pollution was organised to educate students about the causes and consequences of excessive noise. The session highlighted common sources of noise pollution, including unnecessary honking, loudspeakers, traffic, and high-volume sound systems.

The activity aimed to sensitise students to the harmful effects of excessive noise on human well-being and the surrounding environment. Volunteers were encouraged to adopt responsible practices, respect permissible noise limits, and contribute to creating a peaceful and healthy environment.

10. Workshop on Cybercrime Awareness

Date: 23 January 2026

NSS volunteers attended a workshop conducted by the Telecom Regulatory Authority of India (TRAI), as recorded in the activity details, to promote awareness about cybercrime and digital safety.

The workshop focused on the importance of remaining vigilant while using digital communication platforms and online services. It aimed to sensitise participants to cyber threats, fraudulent communications, suspicious links, online scams, and the importance of protecting personal information.

The programme encouraged responsible digital behaviour and highlighted the need to verify suspicious messages, safeguard passwords and confidential information, and report suspected cybercrime through appropriate channels.

Administrative note: Please verify the organising authority's name before final submission, as the reference identifies TRAI as the workshop organiser.

11. National Integration Camp, Haridwar

Date: 22–28 February 2026

The National Integration Camp was held at Dev Sanskriti Vishwavidyalaya, Shantikunj, Haridwar. Participation in this camp provided an opportunity for NSS volunteers to engage with the broader objectives of national integration, unity, cultural exchange, and mutual understanding.

National Integration Camps bring together participants from different regions and backgrounds, encouraging them to appreciate India's cultural diversity and shared national identity. The camp provided a setting for interaction, cooperation, and learning beyond the regular classroom environment.

The initiative highlighted the importance of respecting different cultures, promoting communal harmony, and strengthening the values of unity in diversity. It also offered opportunities for students to develop interpersonal skills, broaden their perspectives, and understand their responsibilities as citizens of the country.

12. International Women's Day

Date: 8 March 2026

A report was recorded in connection with International Women's Day, observed annually on 8 March. The occasion provides an opportunity to recognise women's contributions to society and raise awareness about gender equality, women's empowerment, dignity, and equal opportunities.

In the context of NSS, the observance aligns with the objectives of promoting social justice, respect, inclusion, and the empowerment of women. It also reinforces the importance of creating educational and social environments where women can participate confidently and contribute equally to society.

The activity entry supplied for this report mentions a report dated 8 March 2026. Specific programme details, such as the activities conducted, participants, and outcomes, may be added from the institution's original records.

Major Themes and Outcomes

The NSS activities conducted during the reporting period addressed several important areas of student development and community engagement.

Area	Activities	Intended outcomes
Environmental awareness	Swachhata Abhiyan, poster pasting, campus cleanliness drive	Cleanliness, hygiene, civic responsibility
Women's empowerment	Self-defence training, International Women's Day	Confidence, personal safety, gender awareness
Health and safety	First Aid Workshop, cybercrime awareness	Emergency preparedness, digital safety
Environmental sustainability	Energy conservation Nukkad Natak, noise pollution awareness	Responsible behaviour and environmental consciousness
Social welfare	Food Donation Drive	Empathy, compassion,

		community service
National integration	NSS Day, National Integration Camp	Unity, leadership, cultural understanding

Overall Impact

The NSS activities organised and attended during the reporting period provided students with opportunities to engage with social and environmental concerns beyond the classroom. The initiatives supported the development of civic consciousness, teamwork, leadership, communication skills, and a spirit of voluntary service.

The cleanliness drives and awareness campaigns promoted responsibility towards public spaces and the environment. The self-defence training and first aid workshop addressed important aspects of personal safety and preparedness, while the cybercrime awareness workshop highlighted the importance of safe digital practices. The food donation drive encouraged empathy and social responsibility, and the National Integration Camp offered opportunities to appreciate cultural diversity and national unity.

Collectively, these initiatives reflected the importance of experiential learning and community participation in the holistic development of students.

Conclusion

During August 2025 to July 2026, the NSS-related activities of the Institute of Vocational Studies, Sheikh Sarai, New Delhi, reflected a commitment to social service, environmental awareness, health and safety, women's empowerment, and national integration.

The activities provided a platform for students to understand their responsibilities towards society and develop values of cooperation, compassion, discipline, and responsible citizenship. Continued participation in such initiatives can further strengthen the institution's contribution to community development and the broader objectives of the National Service Scheme.

The institute remains committed to encouraging students to contribute positively to society and uphold the NSS motto, **“Not Me, But You.”**