



REPORT ON

WEBINAR EVENT ON “SAY NO TO DRUGS”

16TH DECEMBER 2025

INSTITUTE OF VOCATIONAL STUDIES (GGSIPU), NEW DELHI

An informative and awareness-oriented webinar on “Say No to Drugs” was conducted on 16th December 2025 as part of the Nasha Mukti Abhiyan, a national campaign by the Government of India to eradicate drug abuse among youth. The online session aimed to educate student-teachers about the harmful effects of drug addiction, preventive strategies, and their role in promoting a drug-free society.

Objective of the Webinar

- To spread awareness about the physical, psychological, and social consequences of drug abuse.
- To equip student-teachers to identify early signs of addiction among adolescents.
- To motivate future educators to actively participate in drug-free campus initiatives.
- To promote a healthy lifestyle among youth through preventive education.

The session was conducted by Mr. Rajat Jonwal, EVGC (PGT), Directorate of Education, Delhi. With his experience in career guidance, counselling, and student welfare, he provided valuable insights on how drug addiction especially tobacco, can be prevented through awareness, timely intervention, and strong community support. Mr. Jonwal highlighted the increasing vulnerability of students to substance abuse due to peer pressure, stress, emotional instability, and lack of awareness. Key points covered in the webinar included:

- **Types of commonly abused substances** and their impact on physical and mental health.
- **Early warning signs** among children and adolescents.
- **Role of teachers and parents** in building resilience and emotional strength.
- **Government initiatives**, especially the Nasha Mukti Abhiyan, and how educational institutions can contribute.
- **Importance of life skills education**, including decision-making, refusal skills, and stress management.
- Real-life case examples to help participants understand practical scenarios.

Participants engaged actively through questions and shared concerns regarding drug exposure among school students. The speaker addressed each query with practical solutions and preventive measures. The webinar witnessed enthusiastic participation from the students. Students appreciated the relevance of the topic and the clarity provided by the speaker. The online mode ensured accessibility and enabled students to interact comfortably.

Principal, Dr Mandira Gupta, also added that the webinar emphasized everyone's responsibilities in maintaining a drug-free learning environment. The webinar successfully fulfilled its objective of creating awareness on drug abuse and empowering student-teachers with knowledge and preventive strategies.



INSTITUTE OF VOCATIONAL STUDIES
 Affiliated to GGS Indraprastha and Approved by Govt. of NCT of Delhi, Organizes

Say No To Drugs
WEBINAR

Lets unite for a drug free tomorrow

SPEAKER:
MR RAJAT JONWAL
 EVGC (PGT) at Directorate of Education

DATE : 16TH DECEMBER, 2025
 DAY : TUESDAY
 TIMINGS : 2:30 pm onwards
 Google meet link : <https://meet.google.com/bkn-wanq-agi>

DIRECTOR
 MR. KHALID HASHMI

PRINCIPAL
 DR. MANDIRA GUPTA

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Say No To Drugs

People Information Tools

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In call

- Dr Zain ul Abedin (You) Meeting host
- Afreeda Meraj
- Anjali Kumar
- Anshika
- Awadh Ivs
- Ayesha Ali
- Erum Ali
- Kartik Singhal
- Kehkasha 786



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 PRINCIPAL