

**INSTITUTE OF VOCATIONAL STUDIES
(Affiliated to GGSIPU & SCERT, Delhi)**

REPORT ON

LOST IN THE VIRTUAL WORLD

DATE- 31st DECEMBER 2025

The Institute of Vocational Studies organised a role play activity on the topic “Lost in the Virtual World” under the esteemed guidance of Dr. Mandira Gupta, Principal -IVS. The activity was conducted with the objective of creating awareness among students about the negative impact of mobile addiction and excessive involvement in the virtual world. Students participated actively in the role play and effectively presented real-life situations showing how overuse of mobile phones leads to isolation, poor communication, and neglect of academic and social responsibilities. Through meaningful dialogues and expressive performances, the participants highlighted the difference between virtual life and real-life relationships.

The role play also emphasized the importance of balanced use of technology and encouraged students to reconnect with their families, friends, and surroundings. The activity proved to be informative and engaging, helping students understand the consequences of digital addiction in a simple and impactful manner. Overall, the role play was successful in spreading awareness and promoting responsible use of mobile phones among students.

