

Report on Group Discussion

A group discussion was conducted on **21st February 2025** among B.Ed students on the topic *“Impact of Social Media on Society – Is it More Beneficial or Harmful?”*. The main objective was to evaluate the positive and negative influences of social media on individuals as well as on society at large.

The discussion began with students acknowledging the **positive aspects of social media**, such as:

- Instant communication and connectivity across the globe.
- Access to information, news, and educational resources.
- Opportunities for networking, professional growth, and skill development.
- A platform for raising awareness and promoting social causes.

On the other hand, participants also highlighted the **negative impacts**, which included:

- Addiction and excessive screen time affecting health and productivity.
- Spread of misinformation, fake news, and cyberbullying.
- Privacy concerns and misuse of personal data.
- Decline in face-to-face interactions and real-world social skills.

Several students debated whether the **benefits outweigh the harms**. While some argued that social media is a powerful tool for education, social awareness, and global connectivity, others felt that its misuse has created significant risks for mental health and social harmony.

The group concluded that **social media is neither purely beneficial nor entirely harmful**. Its impact depends largely on how individuals use it. Responsible usage, digital literacy, and proper regulations were recommended as key measures to maximize its benefits and minimize its harmful effects.

The discussion enhanced students' critical thinking and awareness about responsible use of social media. It was agreed that teachers must guide students in adopting balanced and constructive digital habits.

