



INSTITUTE OF VOCATIONAL STUDIES

NewsLetter

AWADH YOUTH CONNECT



“Small acts, when multiplied by many people, can transform the world.”— Howard Zinn

Principal's Message

Dear Students, Parents and Staff,

As we approach the close of the academic year, December invites us to reflect on a journey marked by learning, dedication, and growth. The collective efforts of our students, teachers, and parents have helped strengthen our Institution's academic spirit and value-based culture.

Our students have continued to perform commendably in academics and co-curricular activities, reflecting their holistic development. I sincerely appreciate the commitment and cooperation of all stakeholders who have contributed to making this phase of the year productive and enriching.

As we move ahead, let us reaffirm our shared purpose and continue our collective efforts in nurturing excellence, compassion, and innovation.

With Warm Wishes
Happy Readings!!

December, 2025, Issue-2

WORLD PEACE AND LOVE DAY 04th July, 2025

On 04th July 2025, the Institute of Vocational Studies celebrated *World Peace and Love Day* with great enthusiasm and unity. The programme aimed to promote peace, love, and harmony among students. A poster-making competition was organized where students creatively expressed messages of non-violence and togetherness through meaningful slogans. Faculty members appreciated the students' creativity and efforts. The event concluded with a peace pledge, encouraging everyone to spread love, kindness, and understanding in daily life.



MANDALA ART ACTIVITY 11th July, 2025

On 11th July 2025, the Institute of Vocational Studies organized a *Mandala Art Activity* with an aim of introducing beautiful art form and promoting values of peace, love, and harmony. Students were given the freedom to create mandala designs of their choice and expressed their creativity through drawings of peacocks, feathers, butterflies, and other patterns. Faculty members appreciated the students' creativity and enthusiastic participation.



FLOWER MAKING ACTIVITY 18th July, 2025

As an integral part of CCA, The Institute of Vocational Studies organized Flower Making Activity on 18th July 2025 under the esteemed guidance of Dr. Mandira Gupta, Principal, IVS. Participants created various colorful and attractive flowers using a variety of materials. The activity provided an opportunity for students to demonstrate their creativity and artistic skills. The event was enjoyable and successfully completed.



EDUCATIONAL VISIT TO NCERT (23rd July, 2025)

Considering the significance of educational excursions, IVS organized a visit to the National Council of Educational Research and Training (NCERT), New Delhi on 23rd July 2025. The visit aimed to provide practical exposure to the functioning of NCERT and its role in improving



the quality of school education in India. Students visited Publication Division, CIET, and the Textbook Development Wing, and explored digital platforms like ePathshala and DIKSHA. The visit was informative and inspirational for students to adopt innovative teaching practices.

SWACHHATA DRIVE (1st- 31st August 2025)

As per the instructions of Delhi Government, IVS organized different cleanliness-based activities under Swachhata Drive from 1st to 31st August 2025 in its premises.



ROLE PLAY ON HEALTHY LIVING HABITS (05th August, 2025)

The Institute of Vocational Studies organized a role play on the theme *Healthy Living Habits* on 05th August 2025 to promote fitness and well-being among students. Students participated enthusiastically and presented role plays highlighting unhealthy lifestyles and the benefits of balanced diet, exercise, yoga, meditation, and hygiene. The performances were informative and engaging. Faculty members appreciated the creativity and teamwork of the participants. The programme successfully motivated students to adopt healthy habits in daily life.



79th INDEPENDENCE DAY CELEBRATION (14th August, 2025)

The Institute of Vocational Studies, affiliated to Guru Gobind Singh Indraprastha University (GGSIPIU), celebrated the 79th Independence Day with great enthusiasm and patriotic fervor on 14th August 2025 at the Awadh Auditorium. The occasion was graced by eminent dignitaries including Dr. Mandira Gupta, Principal, Institute of Vocational Studies, and Mr. Gyanendra Shukla, Principal, COMM-IT

Career Academy and all faculty members. March past and drumming by NCC students, followed by the flag hoisting ceremony, recitation of National Anthem and cultural performances were major highlights of the day.



POSTER MAKING COMPETITION (27th August, 2025)

On 27th August 2025, the Institute of Vocational Studies organized a Poster Making Competition on the theme of hygiene and environment. The event aimed to raise awareness about cleanliness and sustainable living through creative expression. Students participated enthusiastically and showcased their ideas through posters highlighting waste segregation, personal hygiene, safe water practices, and environmental protection. The event successfully combined creativity with social awareness, inspiring students, and viewers to adopt healthy habits and contribute towards a cleaner, more sustainable society.

WORKSHOP ON TEACHING-LEARNING MATERIAL (TLM) CONSTRUCTION (27th August, 2025)



Recognizing the importance of Teaching-Learning Material (TLM) in the teaching-learning process, the Institute of Vocational

Studies organized a workshop titled *“Teaching-Learning Material (TLM) Construction”* on 27th August 2025 in collaboration with Shaktam Foundation, a Delhi-based NGO, through Google Meet, under the guidance of Dr. Mandira Gupta. The session was facilitated by Ms. Isha Gupta, Inclusive Education Expert and Founder President of Shaktam Foundation, who shared practical insights on low-cost TLM construction and effective classroom use. The workshop proved highly informative and beneficial for prospective teachers.

ESSAY WRITING COMPETITION (29th August, 2025)

Recognizing the importance of essay writing in creating awareness about cleanliness and hygiene, the students of the Institute of Vocational Studies (IVS) organized an Essay Writing Competition on 29th August 2025 as per the instructions of GGSIP University and the Government of NCT Delhi in their respective training schools. Students participated enthusiastically and highlighted issues related to garbage, pollution, and lack of awareness in the community. They also suggested practical solutions, making the activity meaningful in promoting environmental awareness and social responsibility.



10-DAY NSS SELF-DEFENCE TRAINING (1st to 12th September, 2025)

The Institute of Vocational Studies, in collaboration with the Delhi Police, organized a 10-day Self-Defence Training Workshop for women under the National Service Scheme (NSS) from 1st to 12th September 2025. The workshop aimed to empower female students by providing essential self-defence skills and

creating awareness about safety, legal rights, and confidence in challenging situations. The initiative enhanced practical skills, mental strength, and situational awareness, promoting a strong sense of empowerment among young women.



TEACHER'S DAY CELEBRATION (04th September, 2025)

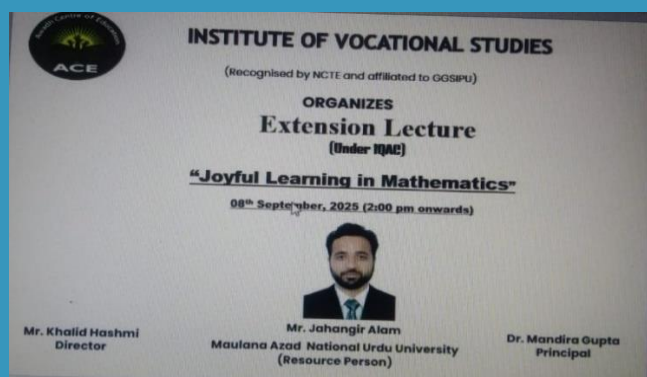
The Institute of Vocational Studies celebrated Teacher's Day with great enthusiasm on 04th September 2025 at the college premises. The event was organized by students to honor teachers for their dedication and guidance. The programme began with a lamp lighting ceremony and welcome of faculty members. Anchor students highlighted the significance of



Teacher's Day and the contributions of Dr. Sarvepalli Radhakrishnan. Dr. Mandira Gupta, Principal, addressed the gathering with an inspiring speech. Cultural performances added vibrancy to the celebration, strengthening the student-teacher bond.

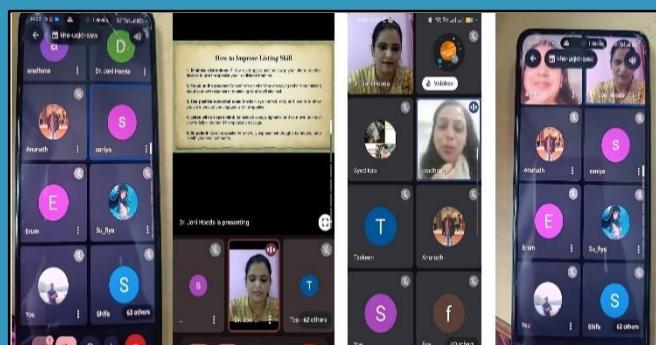
EXTENSION LECTURE ON JOYFUL LEARNING IN MATHEMATICS (08th September, 2025)

The Institute of Vocational Studies organized an extension lecture titled *Joyful Learning in Mathematics* on 08th September 2025 under the guidance of Dr. Mandira Gupta, Principal. The resource person was Mr. Jahangeer Alam from the School of Education, Maulana Azad National Urdu University. The lecture was organized to celebrate ULLAS Literacy Week and International Literacy Day. Students learned about mathematics phobia and effective methods to make mathematics learning interesting and enjoyable. The session was informative and enriching.



WEBINAR ON EMPOWERING FUTURE EDUCATORS: MASTERING LANGUAGE SKILLS FOR EFFECTIVE TEACHING (11th September, 2025)

An online webinar on the theme *Empowering Future Educators: Mastering Language Skills for Effective Teaching* was held on 11th September 2025, hosted by the College. The session featured Dr. Joni Hooda, an Assistant Professor in the Department of Education at Sant Hair Pass College of Higher Education. The webinar



provided valuable insights on curriculum development, teacher education, equity in education, and technology integration. The

session was both insightful and inspiring, equipping participants with practical knowledge to enhance their academic and teaching practices. A detailed discussion on language skills and techniques for improving these abilities were main focus of the event.

DEBATE COMPETITION ON ARTIFICIAL INTELLIGENCE: BOON OR BANE (12th September, 2025)

The Institute of Vocational Studies organized a debate competition on the topic *Artificial Intelligence: Boon or Bane* with active student participation. The event highlighted the growing impact of Artificial Intelligence in various fields. Students presented arguments in favour and against of AI, discussing its benefits and concerns such as ethics, unemployment, and data privacy. The debate enhanced critical thinking, communication skills, and encouraged a balanced understanding of Artificial Intelligence.

HINDI DIWAS CELEBRATION (15th September 2025)

Considering the significance of Hindi as mother language of every citizen, Institute of Vocational Studies celebrated Hindi Diwas on 15th September 2025 with high zeal and enthusiasm. In her inaugural address, Dr. Mandira Gupta emphasized the rich legacy of the Hindi language, its global recognition, and its importance in the field of education. Display of inspirational Hindi quotes, important proverbs, and literary examples on the boards reflected students' deep understanding of and respect for the Hindi language.



NATIONAL SEMINAR ON TECHNOLOGY INTEGRATION TO FOSTER INCLUSION, ACCESS AND EQUITY (17th September 2025)

The Institute of Vocational Studies, New Delhi, organized a National Seminar under IQAC on



the theme *“Technology Integration to Foster Inclusion, Access and Equity”* on 17th September 2025. Participants presented papers on digital literacy, assistive technologies, AI in education, inclusive design, NEP 2020, and technology for marginalized groups. Presenters from eminent institutions including Guru Ramdass College of Education, Gitarattan International Business School, Army Institute of Education, Central Sanskrit University, Ambedkar University, and others contributed their research. The seminar shared vision for technology-enabled inclusion.

SARAS AAJEEVIKA MELA (18th September, 2025)

An educational trip was organized on 18th September 2025 by the Institute of Vocational Studies to visit the Saras Aajeevika Mela held at Major Dhyan Chand National Stadium, near India Gate. Students observed enthusiastic participation by rural women and the positive



impact of such initiatives in creating employment, recognizing women entrepreneurs, and supporting Make in India and Vocal for Local. The trip proved to be informative and inspiring.

INAUGURAL CEREMONY OF INDIAN KNOWLEDGE SYSTEM CENTRE AT GGSIP UNIVERSITY (25th September, 2025)

In alignment with NEP 2020, GGSIP University inaugurated the Centre of Indian Knowledge System (IKS) on 25th September 2025 and invited all affiliated teacher education colleges. Faculty members and trainee- teachers from the Institute of Vocational Studies attended the ceremony.

Eminent speakers including Professor Shrinivas Kharkhedi, Professor Shashikala Banjari, and Professor Ganti S. Murti shared valuable insights on the significance of IKS. The programme was enriching and broadened trainees' understanding of India's academic heritage.



E-WASTE ACTIVITY (25th September 2025)

The Institute of Vocational Studies organized an E-Waste Activity on 25th September 2025



under the esteemed guidance of Dr. Mandira Gupta, Principal, IVS. The activity aimed to create awareness about the hazards of electronic waste and the importance of proper disposal. Teachers and students actively participated by collecting discarded electronic items from their homes. The initiative promoted responsible recycling, eco-friendly practices, and environmental sustainability among all participants.

PIDILITE WORKSHOP ON TEA-LIGHT HOLDER **(29th September 2025)**

The Institute of Vocational Studies organized a Pidilite Workshop on 29th September 2025 under the esteemed guidance of Dr. Mandira Gupta, Principal, IVS. The workshop was conducted by Ms. Shivangi, who guided students in creating decorative tea-light holders using clay and colours. Students participated enthusiastically and showcased creativity and innovation. The hands-on activity enhanced artistic skills, confidence, and practical exposure to craftwork, making



the session engaging and enriching for all participants.

LOW COOKING OIL DRIVE **(30th September, 2025)**

A drive was organized on 30th September 2025 by the Institute of Vocational Studies to spread awareness about reducing the use of cooking oil in food for better health. Students and faculty members participated enthusiastically and raised slogans highlighting the harmful effects of excessive oil consumption. Dr. Mandira Gupta, Principal, IVS, addressed the gathering and emphasized the

use of healthier options such as mustard oil, sesame oil, groundnut oil, and ghee. The drive created awareness about preventing lifestyle diseases and promoting a healthier future generation.



MENTAL HEALTH AWARENESS PROGRAMME **(01st October, 2025)**

On 01st October 2025, the Institute of Vocational Studies, Sheikh Sarai, New Delhi organized a *Mental Health Awareness Programme for Female & Family for Improved Mental Health*. The session aimed to sensitize students about mental well-being at both individual and family levels. Faculty members discussed stress, anxiety, depression, and the importance of breaking mental health stigma through open communication and support. The



programme concluded with an inspiring address by Dr. Mandira Gupta, Principal, who emphasized that a healthy mind is essential for a healthy future.

ONLINE QUIZ ON BHAGWAT GEETA **(09th October 2025)**

The Institute of Vocational Studies organized

an Online Quiz on the Bhagwat Geeta on 09th October 2025. The quiz aimed to enhance students' understanding of the teachings, moral values, and philosophical concepts of the Bhagwat Geeta. All students participated enthusiastically. Five students were shortlisted for the next level based on their excellent performance. The event was educational and inspiring, encouraging students to apply Geeta's values in daily life.

DRUG AWARENESS PROGRAMME (24th October, 2025)

The College organized a Drug Awareness Programme in collaboration with the Indian Red Cross Society on 24th October 2025. The program aimed to educate students about the harmful effects of drug abuse, its prevention, and the importance of a healthy, drug-free lifestyle. Representatives from the Indian Red Cross Society delivered an informative session on types of drugs, their psychological and physiological effects, and legal implications. Interactive discussions, Q&A sessions, and a PowerPoint presentation enhanced student engagement.



The students participated enthusiastically, making the program informative and impactful.

POSTER MAKING COMPETITION ON DRUG AWARENESS (11th November, 2025)

The Institute of Vocational Studies organized a poster-making competition for B.Ed. and D.El.Ed. students to create awareness about the harmful effects of drugs. Students participated actively and designed meaningful posters using symbols, slogans, and visuals to depict the physical, mental, and social consequences of

drug addiction, as well as the benefits of a drug-free life. The competition proved informative and impactful, inspiring students to become ambassadors of a healthy, drug-free society.

RECITATION OF PREAMBLE (28th November 2025)

On Constitution Day, trainee- teachers organized Preamble Recitation Programme in various schools of teaching practice on 28 November 2025. The programme aimed to



create awareness about the core values of the Indian Constitution- justice, liberty, equality, and fraternity. Students and teachers collectively recited the Preamble, creating an atmosphere of unity and patriotism. Students also shared reflections on its relevance in daily life. The programme was enlightening and inspiring, fostering respect for constitutional values and responsible citizenship.

CONSTITUTION LITERACY DRIVE (08th December, 2025)

Constitution Literacy Drive on 08th December 2025 was organized under the esteemed guidance of Dr. Mandira Gupta, Principal, IVS, to create awareness about the Indian Constitution and its democratic values. The drive focused on the Preamble, Fundamental



Rights, Fundamental Duties, and the ideals of

justice, liberty, equality, and fraternity. Through interactive discussions and awareness activities, students actively participated and related constitutional principles to daily life. The drive strengthened civic awareness and promoted responsible citizenship among students.

SLOGAN WRITING ACTIVITY (12th December, 2025)

To commemorate Samvidhan Divas and 75 years of the Constitution of India, the Institute of Vocational Studies (IVS), organized a Slogan Writing Activity



on 12th December 2025 on the theme *Hamara Samvidhan, Hamara Swabhiman*. Students eagerly expressed constitutional values like democracy, justice, equality, rights, and duties through creative slogans and posters, which were displayed in the institute, making the activity meaningful and enriching.

NUKKAD NATAK ON NATIONAL ENERGY CONSERVATION (15th December, 2025)

On 15 December 2025, the IVS organized a



Nukkad Natak to celebrate National Energy Conservation Day. The play aimed to spread awareness about the importance of conserving

energy and was performed by students on the college premises. Through lively dialogues and expressive acting, the performance highlighted careless energy use in homes and institutions and its harmful impact on the environment.

WEBINAR ON SAY NO TO DRUGS (16th December 2025)

An informative webinar on the theme- *Say No to Drugs* was conducted on 16th December 2025 under the Nasha Mukti Abhiyan, a national initiative of the Government of India. The session aimed to create awareness among student-teachers about the harmful effects of drug abuse, prevention strategies, and their role in promoting a drug-free society. The webinar was conducted by Mr. Rajat Jonwal, EVGC (PGT), Directorate of Education, Delhi, who shared insights on causes of addiction, early warning signs, and the role of teachers and parents. Everyone emphasized collective responsibility in maintaining a drug-free learning environment.

GROUP DISCUSSION ON TYPES OF EVALUATION: FORMATIVE AND SUMMATIVE (17th December, 2025)

A group discussion on the topic- *Types of Evaluation: Formative and Summative* was successfully conducted on 17th December 2025 by the College as part of Curriculum, Pedagogy, and Evaluation. The session aimed to strengthen students' conceptual understanding and communication skills. Students discussed formative evaluation as a continuous, diagnostic process using quizzes, assignments, and feedback, while summative



evaluation was described as terminal and

judgment-oriented through tests and examinations. The discussion highlighted key differences, tools, and purposes of both types, emphasizing their complementary role in improving teaching and learning.

WALL OF PRIDE- HUMARA SAMVIDHAN HUMARA SWABHIMAAN (18th December, 2025)

The college organized the activity *Wall of Pride* under the national theme *Hamara Samvidhan Hamara Swabhimani* to promote awareness of constitutional values among students. A



display board was prepared where students expressed respect through quotes, slogans, and reflections. The activity fostered patriotism, civic responsibility, and pride in the Constitution, making it meaningful and impactful.

GROUP DISCUSSION ON INCLUSIVE EDUCATION (19th DECEMBER, 2025)

The Institute of Vocational Studies organized a



Group Discussion on the topic of *Inclusive Education*, focusing equal learning opportunities for students from diverse abilities, socio-economic backgrounds, and cultures. Students actively discussed the concept, benefits, challenges, and possible

solutions of inclusive practices. The discussion concluded that inclusive education is a moral and social responsibility requiring collective efforts from educators, policymakers, parents, and students to make it a reality.

GUEST LECTURE ON HUMARA SAMVIDHAN, HUMARA ABHIMAN (22nd December 2025)

The Institute of Vocational Studies, affiliated to Guru Gobind Singh Indraprastha University (GGSIU), organized a Guest Lecture on *Humara Samvidhan, Humara Abhiman* on 22nd



December 2025 under the guidance of Dr. Mandira Gupta, Principal. The lecture highlighted the historical background of the Indian Constitution, the Preamble, and Fundamental Rights and Duties. Students gained awareness of their civic responsibilities as future teachers. The programme concluded with insightful remarks by leaving a lasting impact on participants.

FOOD DONATION DRIVE UNDER NSS CELL, IVS (24th December, 2025)

On 24th December 2025, the Institute of Vocational Studies successfully conducted a Food Donation Drive under the National Service Scheme (NSS) in the nearby neighborhood area to support the underprivileged and promote social responsibility. NSS volunteers, students, faculty members, and residents actively participated. Awareness sessions encouraged donation of hygienic cooked meals, dry ration, packaged food, fruits, and bottled water. The drive reflected the institute's strong commitment to community service and humanitarian values.

CHRISTMAS CELEBRATION (24th December, 2025)

The festival of Christmas was celebrated with



great enthusiasm at the Institute of Vocational Studies on 24th December 2025 to spread love, peace, and togetherness. The campus was beautifully decorated with a Christmas tree, stars, and streamers. Prayer, carol singing, and vibrant dance performances and the arrival of Santa Claus delighted everyone. Teachers appreciated the students' creativity and teamwork. It was a memorable occasion that strengthened the bond of Unity and happiness among all participants.

STUDENT SEMINAR ON CLASSROOM MANAGEMENT TECHNIQUES FOR EFFECTIVE TEACHING (29th December, 2025)



A Student Seminar on *Classroom Management Techniques for Effective Teaching* was successfully organized by the Institute of Vocational Studies on 29th December 2025 to strengthen the pedagogical understanding of student-teachers under the ace guidance of Dr.

Mandira Gupta, Principal, IVS. English language teaching, stress management, ICT, classroom management, behavioural issues, conflict management, and effective teaching tools were majorly discussed during the seminar. The seminar was concluded successfully with active participation from students and faculty members.

MOCK PARLIAMENT (30th December, 2025)

A Mock Parliament was successfully conducted on 30th December 2025 to familiarize students with the functioning of the Indian Parliamentary system and promoting democratic values. Students enacted roles such as Speaker, Prime Minister, Ministers, Opposition Leader, and Members of Parliament, gaining practical exposure to legislative procedures. The session included question hour, debates, and discussions on social and national issues, following proper parliamentary decorum. The activity enhanced critical thinking, communication, leadership, and awareness of constitutional values like equality, justice, and freedom of expression, making it an informative and engaging learning experience.

ROLE PLAY ON LOST IN THE VIRTUAL WORLD (31st DECEMBER 2025)

The Institute of Vocational Studies organized a Role Play on *Lost in the Virtual World* on 31st December 2025 to create awareness about mobile addiction. Students portrayed various significant issues such as isolation, poor communication, academic negligence, making balance between real- life and virtual- life etc. The role play was informative, engaging, and impactful, encouraging students to reconnect with real life and use digital devices wisely.

NEW YEAR CELEBRATION 2026 (31st December, 2025)

The Institute of Vocational Studies organized the New Year Celebration 2026 under the



esteemed guidance of Dr. Mandira Gupta, Principal-IVS, to welcome the New Year with joy and togetherness. Students and faculty participated enthusiastically in activities such as cake cutting, dance performances, and recreational events, creating a lively campus atmosphere. The celebration offered a refreshing break from academics and strengthened student-teacher bonding. Filled with music, greetings, and cheer, the event promoted positivity and renewed energy. Overall, it was a memorable celebration marking a joyful beginning to the year ahead.

GROUP DISCUSSION ON NOISE POLLUTION (31st December, 2025)

On 31st December 2025, the Institute of Vocational Studies under its Eco-club conducted a discussion on the topic of *Noise Pollution*. Noise pollution, caused by human activities, affects health, well-being, and ecosystems. Students discussed its sources, including road traffic, railways, aircraft, industrial machinery, construction, markets, loudspeakers, generators, household appliances, and social events. They explored preventive measures, emphasizing reducing exposure and mitigating noise in urban environments to ensure a healthier future. The discussion was highly enriching and provided useful measures to be adopted for clean and healthy environment.

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